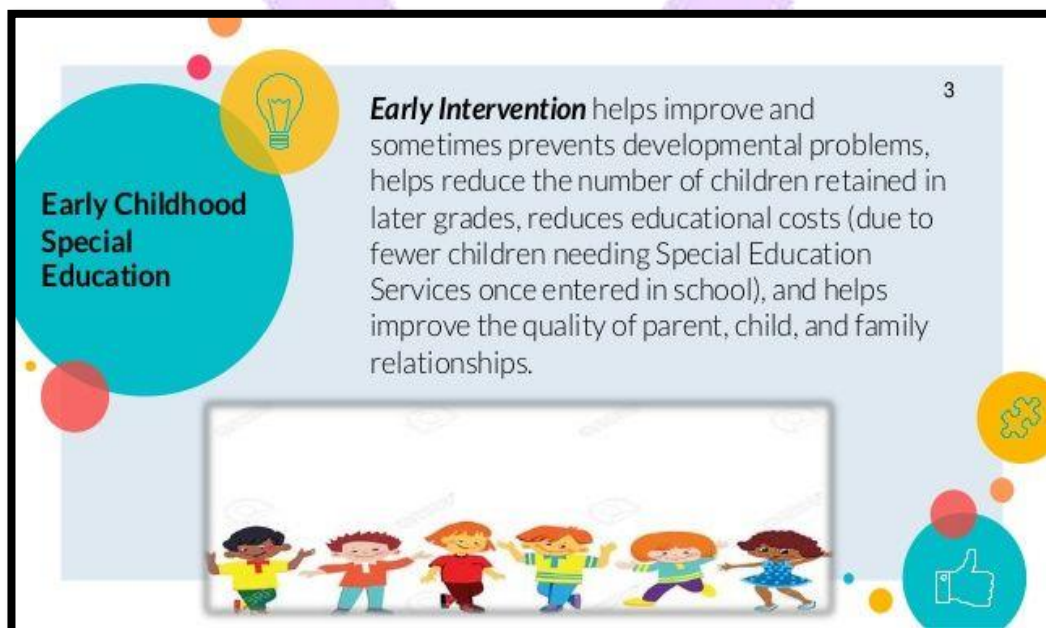


## Early Intervention Program – Rehabilitating Children with Special Needs

(Progress report – March 2021)

While “**Early**” refers to the nascent and most critical period of a child’s growth (**0-3yrs**), “**Intervention**” means giving impetus to a child to experience, explore and interact with its atmosphere. Early Intervention (EI) services are **special services** for infants and toddlers with developmental disabilities or at risk of developmental disabilities. Sarothak encourages their overall development, enhances their abilities to the fullest and empowers them to circumvent their disability. It builds on the strengths of the child and trains parents using early intervention strategies to equip them to serve their child’s special needs. With the pestilence, some immediate measures included shifting teaching process online on an unprecedented scale, conducting online therapies using technology. Sarothak’s team transformed its **online teaching methods** and is super pumped to provide services. The online therapy sessions are engaging and fruitful, it includes **networking with parents** and **mapping of their child’s disability**.

With Sarothak’s proper Early Intervention tools the total center wise enrollments for March’21; **West Delhi Center: 105 Ghaziabad Center:54**



### Viraj – Sarothak Early Intervention Ghaziabad Center

Viraj is a beneficiary from **Sarothak Ghaziabad center**. He has a **learning disability** thus finds it very difficult to work and focus on things concretely. **Sarothak’s Early Intervention strategies** worked for him positively and he is gradually picking up pace with his understanding of the basic things around him. Let’s take a look at Viraj folding clothes all by himself.

[https://www.linkedin.com/posts/sarothak-educational-trust-5abb801b\\_supportsarothak-sarothakempoweringlives-activity-6769520005198422016-vCAN](https://www.linkedin.com/posts/sarothak-educational-trust-5abb801b_supportsarothak-sarothakempoweringlives-activity-6769520005198422016-vCAN)

### Aarohi – Sarthak Early Intervention Ghaziabad Center

Aarohi who has **Rett's syndrome** is now able to sit properly with minimum support. **Occupational Therapy** is the best solution for children with development delays or known physical or mental condition associated with a high probability of delays. With the help of Sarthak's **Occupational therapists**, Aarohi is showing gradual improvement. Let's take a look at Aarohi.

[https://www.linkedin.com/posts/sarthak-educational-trust-5abb801b\\_supportgrc-supportsarthak-earlyintervention-activity-6778167469463891968-LBw3](https://www.linkedin.com/posts/sarthak-educational-trust-5abb801b_supportgrc-supportsarthak-earlyintervention-activity-6778167469463891968-LBw3)

### Umang – Sarthak Early Intervention West Delhi Center

Umang is a 13.5-year-old child diagnosed with **Mental Retardation**. Sarthak's trainers are trying their best to work on his speech skills. The fantastic thing about language development is that it can happen at any time and in any place. It also means that one can help facilitate their child's language through daily chores this is what Sarthak targets at. It tries to imbue the basic things with all the resources around. Let's look Umang.

[https://www.linkedin.com/posts/sarthak-educational-trust-5abb801b\\_supportgrc-supportsarthak-earlyintervention-activity-6777806099723624448-8Zte](https://www.linkedin.com/posts/sarthak-educational-trust-5abb801b_supportgrc-supportsarthak-earlyintervention-activity-6777806099723624448-8Zte)

### Arjun – Sarthak Early Intervention Ghaziabad Center

Arjun, Sarthak's beneficiary from **Ghaziabad center** has **Cochlear Implant**. For many children with hearing implant solutions, **Speech Therapy** has an important part to play in developing language skills therefore Sarthak aims at this very therapy to treat its beneficiaries suffering from cochlear implant. Let's take a look at Arjun. **Sarthak's therapies** are definitely working for him.

[https://www.linkedin.com/posts/sarthak-educational-trust-5abb801b\\_cochlear-implant-therapies-activity-6777450894993694720-jjxe](https://www.linkedin.com/posts/sarthak-educational-trust-5abb801b_cochlear-implant-therapies-activity-6777450894993694720-jjxe)

### Anugrah – Sarthak Early Intervention Ghaziabad center

The **Special Educator** ensures the involvement of parents of students with additional requisites in the educational processes of their children. Sarthak tries to **hone the cognitive abilities** of its beneficiaries with the help of special educators. Anugrah, Sarthak's beneficiary from Ghaziabad center has speech impairment and with the help of Sarthak's therapists, he gradually is **picking up the rhythm of words**. Let's take a look at Anugrah.

[https://www.linkedin.com/posts/sarthak-educational-trust-5abb801b\\_special-pronunciation-speech-activity-6777096711601979392-kwK](https://www.linkedin.com/posts/sarthak-educational-trust-5abb801b_special-pronunciation-speech-activity-6777096711601979392-kwK)

**Early Intervention at Sarthak**

During the first three formative years of an individual's life most of the cognitive, communicative, social and emotional developments take place. Thus, in the case of any developmental delays, this period is the best for introducing interventions so that the child can be facilitated and supported to achieve normal growth. Sarthak aims to approach the families with disability history and aims to eliminate or minimize risk in the first place.

Sarthak family is extremely grateful to **Crocs and Info edge** for being prominent funding partners and marching ahead in unison.

### Stories of our Beneficiaries



**Ishank – Sarthak Ghaziabad Early Intervention Center–Ishank** is 2 year 2-month-old child diagnosed with **cerebral palsy**; he had issues like tightness present in the body and stiffness. With **Sarthak's Early Intervention therapies**, there has been a significant improvement in his body language. The tightness in the body has been reduced and also responds to myriad commands.

**Shivam – Sarthak Ghaziabad Early Intervention Centre– Shivam** is a 3 years old boy diagnosed with **Autism**. He had difficulty in maintaining eye contact with additional delayed responses. He is undergoing **Regular Occupational therapy sessions** with Sarthak. He is now able to sit, interact and also respond in a more comprehensive way.



### Parents Response to the Early Intervention Program at Sarthak

#### **Jivin – Early Intervention West Delhi Center**

**Jivin's mother**, Ms. Binny Sharma is extremely happy to have her child getting therapies from **Sarthak Early Intervention Center**. She expresses her concern that earlier her son was not able to express or speak simple words like '**Mumma**' and '**Papa**' properly, but with Sarthak's **Speech therapies** and **regular monitoring**, Jivin is now clearer with whatever he feels. Ms. Binny Sharma expresses her gratitude to Sarthak.

<https://www.youtube.com/watch?v=Cn9EMYLoG4c>

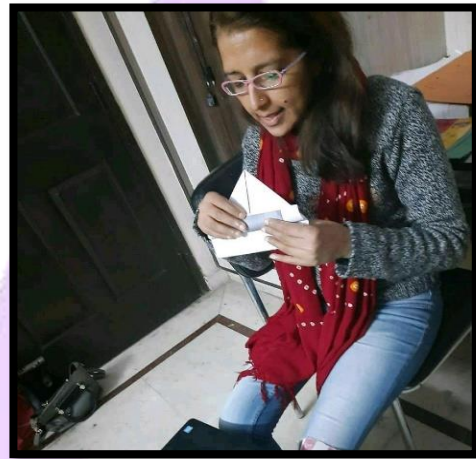


## Early Intervention Strategies

Appropriate intervention strategies in India are a big challenge for people with disability, which is why Sarothak is aimed towards carrying an equal stature for persons with disability by providing them a platform from the initial years, wherein they have equal access to opportunities and resources. It also gives support through different allied activities namely guest lectures, alumni meet, exposure Visits and parent interaction sessions that aims at a holistic development of the child. Here are a few glimpses of the allied activities at Sarothak.

### Highlights of Sarothak Early Intervention March'21

Sarothak Early intervention team organized a **paper craft workshop**. Students were encouraged to express their feelings through the art. This activity not only honed their cognitive abilities but also had a chance to grow socially. These activities helped in coping mechanisms through the resolution of frustration and **practice sensory motor skills** such as **sensory stimulation** and **hand- eye coordination**.



### CALL FOR ACTION

Sarothak is running this program to prevent, identify and then eliminate the disabilities that are the biggest barrier to inclusion. Let's work towards ensuring that all the children enter school, equipped with the skills they need, to succeed. Let's work towards empowering persons with disability.

For more information, reach out to Sarothak Early Intervention Center:

[ceo@sarthakindia.org](mailto:ceo@sarthakindia.org)

011- 42004238

Link for Donation - [sarthakindia.org/donation.php](https://sarthakindia.org/donation.php)

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